

Personal, Social, Health and Economic (PSHE) Education Policy

Our Golden Thread Values:

Respect, tolerance, kindness,
happiness & friendship



Our Learning Behaviours:

Resilient Rhino, Teamwork Tiger, Independent Iguana, Creative Chameleon & Concentrating Crocodile

Our Intent

At Moss Hey our challenging and creative curriculum inspires our children to know more and remember more. We develop curious, resilient and enthusiastic learners to prepare our pupils for the next phase of education and beyond.

PSHE

“Coming together is a beginning. Keeping together is progress. Working together is success.”

Intent:

To create a happy and safe environment where children are able to take risks, develop relationships and embrace learning opportunities for their future.

Aims:

The aims of the PSHE curriculum are to deliver a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives, now and in the future.

As part of a whole school approach, PSHE develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. The benefits to pupils of such an approach are numerous as PSHE prepares them to manage many of the most critical opportunities, challenges and responsibilities they will face growing up in such rapidly changing and challenging times. It also helps them to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential.

PSHE underpins life connecting to our School Vision, School Values and the British Values.

Teaching and delivery of PSHE:

In the Early Years Foundation Stage, we deliver PSHE via 1Decision. 1Decision has a bank of stories and animations that all have a specific theme linked to real life scenarios that children may face now, or in the future. Our lessons are constructed from observations and discussions in the classroom. Children are also supported to develop their personal, social and emotional development in play contexts. Children are taught how to form positive relationships, how to develop confidence and manage their feelings.

In Key Stages 1 and 2, we primarily deliver PSHE via 1Decision (as well as other supplementary teaching resources to enrich learning). Mapped to the PSHE Association's Programme of Study, 1Decision ensures coverage of the statutory elements for Relationship Education and Health Education.

The 1Decision resources help children to develop the skills needed to manage different influences and pressures, as a part of their personal development. This allows children to experience challenging situations in a safe environment. The PSHE Association's Programme of Study is based around three core themes:

Core theme 1: Health and Wellbeing

This area of PSHE teaches children:

- What is meant by a healthy lifestyle
- How to maintain physical, mental and emotional health and wellbeing

- How to manage risks to physical and emotional health and wellbeing
- Ways of keeping physically and emotionally safe
- How to manage change, including puberty, transition and loss
- How to make informed choices about health and wellbeing, and where to get help with this
- How to respond in an emergency
- To identify different influences on health and wellbeing

Pupils will learn things like: the importance of personal hygiene; the physical differences between boys and girls; road safety, cycle safety and online safety; people who help us; how to talk about their feelings; and the benefits of physical activity. This is just a snapshot of the many elements that the Health and Wellbeing core theme covers.

Core theme 2: Relationships

This theme includes:

- How to develop and maintain a variety of relationships, within a range of social and cultural contexts
- How to recognise and manage emotions within relationships
- How to respond to risky or negative relationships, including bullying and abuse
- How to respond to risky or negative relationships and ask for help
- How to respect equality and diversity in relationships

Examples of what children will learn are: to recognise that their behaviour can affect other people; to listen to other people and work and play cooperatively; to identify special people in their lives (parents, siblings, friends) and how they should care for each other; what physical contact is acceptable; and what to do if they're being bullied.

Core theme 3: Living in the Wider World

Through this theme, children learn:

- About respect for themselves and others, and the importance of responsible actions and behaviour
- About rights and responsibilities as members of families, other groups and citizens
- About different groups and communities
- To respect equality and diversity, and how to be a productive member of a diverse community
- About the importance of respecting and protecting the environment.
- About where money comes from, keeping it safe, and the importance of managing it effectively
- The part that money plays in people's lives
- A basic understanding of enterprise

The teaching of PSHE is taught separately but also weaves into the curriculum, reinforcing children's learning and understanding. Our curriculum is carefully planned and is adaptable to suit the needs of each individual cohort. Our curriculum maps can be viewed on our school website. The teaching of PSHE is further developed by participation in a wide range of campaigns and initiatives, such as: Internet Safety Day, Anti-Bullying Week, Children's Mental Health Week

Teaching & learning Strategies

A range of teaching strategies are used to promote and ensure an inclusive curriculum is provided, through:

- Discussions and debates
- Group work
- Quizzes, games and problem solving
- Circle times
- Work captured in class floor books
- Children have individual work books
- Specialist speakers to visit school / Out of school visits

Assessment

There are no formal arrangements for assessing individual children's progress in PSHE. At the beginning of each unit teachers will do a mini assessment to gain children's prior knowledge which then informs teaching and learning. Throughout the PSHE curriculum, teachers will use mini quizzes and retrieval strategies to assess children's knowledge and understanding. These are done to suit the individual child's needs.

Monitoring and Review

The PSHE subject leader will work with the children, Headteacher and class teachers to ensure equality of provision across the year groups and to identify how effectively all aspects of PSHE (including RSE & DATE) are being implemented in the school. This will be conducted through observation, monitoring of planning and books and informal discussion with the class teachers and children.

Agreed by the Governing Body: Summer 2024

Review by: Summer 2027